

Be a Planetpal inside and out with healthy ways, everyday!

it's always time to eat something good!



Good Morning!

- Did you remember to brush your teeth?

It's Breakfast time:

- Eat something healthy...Remember the food groups!

It's Snack time.

- Eat something healthy...How about some fruit?

It's Lunch time:

- Eat something healthy...Don't forget to drink milk!

It's Snack time.

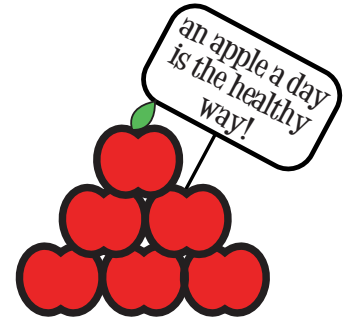
- Eat something healthy...How about popcorn or nuts?

It's Dinner time:

- Eat something healthy...Remember to eat all your veggies!

Good Night!

- Oops...did you brush your teeth before bed, sleepyhead?



be part of the green team with greenbean!

